**Volunteer Application Form**

Thank you for your interest in volunteering with the BDD Foundation. Please complete the below application form to tell us more about your motivations for volunteering and supporting our work. We ask all volunteers to complete an application form to ensure a fair and consistent approach in our recruitment of volunteers. If you have any questions or need support in completing this form, please contact volunteers@bddfoundation.org.

**Please return this form to volunteers@bddfoundation.org.**

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| **Contact details** |
|  |
| **Name** |  |
| **Address** |  |
| **Postcode** |  |
| **Phone** |  |
| **E-mail Address** |  |

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| **I am interested in…** |
| Please indicate which of our current volunteer opportunities you are interested in below.[ ]  E-Helpline Volunteer[ ]  Support Group Facilitator [ ]  Overcoming BDD Facilitator (Structured CBT Support)[ ]  Setting up a new Support Group |
| **You and BDD** |
| Please tell us about your understanding of, or experience with BDD and why you would like to volunteer with the BDD Foundation. |
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| **Previous Experience** |
| Please tell us about any relevant roles you have held or relevant skills that you have that would be of benefit to your work as a volunteer with the BDD Foundation. |
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| **Skills Assessment**  |
| The role of email support volunteer requires excellent written and communication skills and will require you to gather information that you can present to services users in a clear and accessible way. Please use the BDD Foundation’s website to acquaint yourself with the Foundation’s 7 continuing aims and outline these in your answer below. For each of these 7 points please give brief details of ways in which the charity is currently furthering those aims. With a minimum of 500 words please write your answer in paragraph and sentence form. (We are not looking for you to copy and paste from the website).  |
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| **Please only complete this section if you are applying for the role of E-Helpline Volunteer. Please leave blank for all other volunteer roles.**  |

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| **Availability**  |
| Please indicate your availability to support in the role you have applied for.[ ]  Weekday daytimes[ ]  Weekday evenings [ ]  Weekends [ ]  Ad hoc availability

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| **References** |
| Please provide 2 recent references; 1 professional and 1 personal. Professional references may be from current or previous employers or from places of education. Personal referees should not be family members and should have known you for more than 2 years. |
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| Full Name | Relationship to you | Contact email address | Telephone number |
|  |  |  |  |
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**Please return this form to volunteers@bddfoundation.org**

**Equal Opportunities Monitoring Form**

The BDD Foundation wants to meet the aims and commitments set out in its Equality and Diversity policy. This includes not discriminating under the Equality Act 2010, building an accurate picture of the diversity of our workforce, and encouraging equal opportunities.

By monitoring the diversity of those employed or volunteering, we can evaluate our performance and help ensure the organisation treats all individuals fairly and equally. The replies provided on this form will be kept strictly confidential and will not be used for any purpose other than monitoring. No information will be published or used in any way, which allows an individual to be identified. If you have any questions about the form, please contact volunteers@bddfoundation.org

The platform we use for conducting this form is Microsoft Office Forms. Microsoft is committed to helping business customers comply with the General Data Protection Regulation (GDPR), which has been in effect since May 25, 2018. Microsoft Forms, part of the Office 365 Family, is GDPR-compliant.

Please complete this form using [this link.](https://forms.office.com/e/YC0LVYb49Y)