

- 08.45 to 09:30**            **Registration** in Foyer / Exhibition in **Brunei Suite**
- 09.30 to 09:40**            Welcome Introduction - Rob Willson, Chair of the BDD Foundation
- 09.40 to 09:50**            Inspirational Speaker - Carla Mark-Thompson
- 09.50 to 10:50**           Keynote - Professor Katharine Phillips
- 10.50 to 11:00**            Inspirational Speaker - Dominic Edwards
- 11.00 to 11:25**            Complimentary refreshments & Exhibition in **Brunei Suite**
- 11:25 to 11:30**            **Delegates make their way to morning workshop**
- 11.30 to 12.30**            Morning Workshop (please choose one of the following)

Cognitive Behavior Therapy for BDD	Rob Willson	<b>Brunei Gallery Lecture Theatre</b>
Compulsive Skin-picking in BDD	Simon Darnley	<b>Room B102, 1<sup>st</sup> Floor</b>
Exploring the Impact of BDD on Close Relationships	Danny Derby / Guy Doron	<b>Room B202, 2<sup>nd</sup> Floor</b>

- 12.30 to 13:10**            Lunch Break - Complimentary refreshments & Exhibition in **Brunei Suite**
- 13:10 to 13:15**            **Delegates make their way to afternoon workshops**
- 13.15 to 14.15**            First Afternoon Workshop (please choose one of the following)

How to get good therapy for BDD & Role of Advocacy	Collette Byrne / Simon Darnley	<b>Brunei Gallery Lecture Theatre</b>
Medication for BDD Q & A's	Professor Katharine Phillips	<b>Room B102, 1<sup>st</sup> Floor</b>
Male concerns in BDD (Muscle Dysmorphia/penis size/hair loss)	David Veale	<b>Room B202, 2<sup>nd</sup> Floor</b>

- 14:15 to 14:20**            **Delegates make their way to second afternoon workshop**
- 14.20 to 15.20**            Second Afternoon Workshop (please choose one of the following)

"I can't stop the worry" – Attention & rumination in BDD	Annemarie O'Connor / Lauren Callaghan	<b>Brunei Gallery Lecture Theatre</b>
Exploring the use of self-portraits in BDD	Jonathan Lill, David Veale, Lucy Wilford	<b>Room B102, 1<sup>st</sup> Floor</b>
Children & Adolescents with BDD	Laura Bowyer	<b>Room B202, 2<sup>nd</sup> Floor</b>

- 15.20 to 15:45**            Complimentary refreshments & Exhibition in **Brunei Suite**
- 15:45 to 15:50**            **Delegates make their way to Brunei Gallery Lecture Theatre**
- 15.50 to 16:00**            Inspirational Speaker - Annelin Keijzer
- 16.00 to 16:15**            "You are Not Alone" - The making of the BDD Film - Steve Caplin & David Veale
- 16.15 to 16:50**            Q & A with Workshop Speakers
- 16.50 to 17:00**            Inspirational Speaker - Danny Bowman - *Taking Action!*