

**REPORT OF THE TRUSTEES AND**  
**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2016**  
**FOR**  
**THE BODY DYSMORPHIC DISORDER FOUNDATION**

**C Males  
SJ Males & Co  
Chartered Certified Accountants  
Basepoint Business and Innovation Centre  
110 Butterfield  
Great Marlings  
Luton,  
Bedford  
LU2 8DL**

**THE BODY DYSMORPHIC DISORDER FOUNDATION**

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**FOR THE YEAR ENDED 30 SEPTEMBER 2016**

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## **THE BODY DYSMORPHIC DISORDER FOUNDATION**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR TO 30 SEPTEMBER 2016**

The trustees present their report with the financial statements of the charity for the year to 30 September 2016. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issues in March 2005.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1153753

##### **Principal address**

45b Stanford Road  
Friern Barnet  
N11 3HY

##### **Trustees**

R Willson

Dr D Veale

A Campbell

M Iris

N Schnackenberg

A Shooter

S Petro

S Chandler

-appointed 12/11/15 resigned 01/10/16

##### **Independent examiner**

C Males

SJ Males & Co

Chartered Certified Accountants

Basepoint Business and Innovation Centre

110 Butterfield

Great Marlings

Luton,

Bedford

LU2 8DL

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The Charity is a Charitable Incorporated Organisation with voting members other than its Charity Trustees, constituted under an "Association" Model Constitution dated 10<sup>th</sup> September 2013 and is a Registered Charity, number 1153753.

##### **Recruitment and appointment of new trustees**

It will become necessary to look for individuals with an interest in the aims and objectives of the trust and approach them to become a trustee. A new trustee would be provided with a copy of the trust deed and have a meeting with the existing trustees to explain the aims and objectives of the trust.

##### **Organisational structure**

The trustees meet at least six times a year, during which the trustees agree the broad strategy and areas of activity for the Trust, including consideration of fund raising activities, investment, reserves and performance.

**Risk management**

The trustees have reviewed all major risks to which the charity is exposed and systems have been established to mitigate these risks.

**OBJECTIVES AND ACTIVITIES****Objectives and aims**

The aim of the charity is to relieve the suffering of those with body dysmorphic disorder. The objectives are to utilise funds within the trust to raise awareness and provide support through The Body Dysmorphic Disorder Foundation website.

**Grantmaking**

The trustees regularly discuss applications to the trust and consider areas to support by way of grant payments.

## **THE BODY DYSMORPHIC DISORDER FOUNDATION**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR ENDED 30 SEPTEMBER 2016**

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Charity currently has free reserves equal to the value of the Charity's unrestricted funds.

##### **Investment policy and objectives**

The Trust's current investment strategy is to hold all monetary assets with our bank, using short-term fiduciary placements to maximise interest received on deposits held.

During the year ended 30th September 2016 the Trust received voluntary unrestricted income of £16,202 and expended £6,529 on charitable activities. The surplus will be expended on the charitable objectives in the coming year. The Trust prepared for a second Conference in Central London for a full day funded by ticket sales on a non-profit basis. Expert International Speakers on body dysmorphic disorder together with other inspirational speakers and Trustees covered a wide range of topics. The Trustees secured a grant from Google of £40,256 to raise awareness of the Trust and its website together with the vital information carried on the subject of body dimorphic disorder in accordance with the objectives of the Trust. The same figure was expended with Google in accordance with the objectives of the Trust. Trustees attended support groups to increase awareness of the Trust and its activities. The Trust's website was constantly being updated with extra information and links by the Trustees during the past year.

#### **FUTURE DEVELOPMENTS**

The BDD Foundation aims in 2017 to continue to raise awareness through developments of the website, support groups, in the media and delivery of a public conference. In the longer term we aim to develop a dedicated helpline and email response. The Foundation aims to host a Body Dysmorphic Disorder Conference in November 2016.

#### **TRUSTEES RESPONSIBILITY STATEMENT**

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulation 2008 and the provisions of the trust deed requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are responsible and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 23<sup>rd</sup> February 2017 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'R Willson', with a long horizontal stroke extending to the right.

R Willson - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF**  
**THE BODY DYSMORPHIC DISORDER FOUNDATION**

I report on the accounts for the year to 30 September 2016 set out on pages eight to twelve.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period (under Section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is required.

It is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
C Males

SJ Males & Co

Chartered Certified Accountants

Basepoint Business and Innovation Centre

110 Butterfield

Great Marlings

Luton,

Bedford

LU2 8DL

30 May  
2017

**THE BODY DYSMORPHIC DISORDER FOUNDATION**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR TO 30 SEPTEMBER 2016**

		<b>2016</b>			<b>2015</b>		
		<b>Unrestricted fund</b>	<b>Restricted fund</b>	<b>TOTAL</b>	<b>Unrestricted fund</b>	<b>Restricted fund</b>	<b>TOTAL</b>
	Notes						
<b>INCOMING RESOURCES</b>							
<b>Incoming resources from generated funds</b>							
Voluntary income	2	£16,187	£40,256	£56,443	£21,658	£69,511	£91,169
Investment income	2c	£15	-	£15	£10	-	£10
<b>Total incoming resources</b>		<b>£16,202</b>	<b>£40,256</b>	<b>£56,458</b>	<b>£21,668</b>	<b>£69,511</b>	<b>£91,179</b>
<b>RESOURCES EXPENDED</b>							
<b>Costs of generating funds</b>							
Charitable Activities	3	£5,881	£40,256	£46,137	£1,514	£69,660	£71,174
Governance costs		£648	-	£648	£(235)	-	£(235)
<b>Total resources expended</b>		<b>£6,529</b>	<b>£40,256</b>	<b>£46,785</b>	<b>£1,279</b>	<b>£69,660</b>	<b>£70,939</b>
<b>NET INCOMING RESOURCES</b>		<b>£9,673</b>	<b>-</b>	<b>£9,673</b>	<b>£20,389</b>	<b>£(149)</b>	<b>£20,240</b>
Transfer between funds		-	-	-	£(149)	£149	-
<b>Total funds brought forward</b>		<b>£20,941</b>	<b>-</b>	<b>£20,941</b>	<b>£701</b>	<b>-</b>	<b>£701</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>£30,614</b>	<b>-</b>	<b>£30,614</b>	<b>£20,941</b>	<b>-</b>	<b>£20,941</b>

The notes form part of these financial statements.



**THE BODY DYSMORPHIC DISORDER FOUNDATION**

**BALANCE SHEET**  
**AT 30 SEPTEMBER 2016**

	Notes	2016 Unrestricted fund	2015 Unrestricted fund
<b>CURRENT ASSETS</b>			
Cash at bank		£31,315	£25,117
Prepayments and Debtors	5	<u>£2,697</u>	<u>£115</u>
<b>CREDITORS</b>			
Amounts falling within one year	5	<u>£3,398</u>	<u>£4,291</u>
<b>NET CURRENT ASSETS</b>		<u>£30,614</u>	<u>£20,941</u>
 <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>£30,614</u>	<u>£20,941</u>
<b>NET ASSETS</b>		<u>£30,614</u>	<u>£20,941</u>
<b>FUNDS</b>			
Unrestricted funds	6	<u>£30,614</u>	<u>£20,941</u>
<b>TOTAL FUNDS</b>		<u>£30,614</u>	<u>£20,941</u>

The financial statements were approved by the Board of Trustees in 23<sup>rd</sup> February 2017 and were signed on its behalf by:



R Willson - Trustee

The notes form part of these financial statements.

**THE BODY DYSMORPHIC DISORDER FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR TO 30 SEPTEMBER 2016**

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Exemption from preparing a cash flow statement**

Exemption has been taken from preparing a cash flow statement on the grounds that the charity qualifies as a small charity.

**Incoming resources**

**Voluntary Donations**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Governance costs**

These comprise the costs of running the charity.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

The Trust Fund is wholly unrestricted.

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

**THE BODY DYSMORPHIC DISORDER FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR TO 30 SEPTEMBER 2016**

**2. INVESTMENT INCOME**

**2A) VOLUNTARY INCOME – Unrestricted funds**

	<u>2016</u>	<u>2015</u>
Donations	<u>£16,187</u>	<u>£21,658</u>
<b>2B) VOLUNTARY INCOME</b>		
- Restricted funds		
Lottery grant	-	£10,000
Google grant	-	£4,893
Ticket sales	-	<u>£6,062</u>
		<u>£20,955</u>
ii) Awareness of body dysmorphic disorder		
Google grant	<u>£40,256</u>	<u>£48,556</u>
<b>TOTAL VOLUNTARY RESTRICTED FUNDS</b>	<u>£40,256</u>	<u>£69,511</u>

**2C) INVESTMENT INCOME**

a) Charitable activities – Awareness of body dysmorphic disorder & support groups	<u>£5,881</u>	<u>£1,514</u>
b) Governances costs		
Independent examiner's fees	-	£(300)
Sundry expenses	<u>£648</u>	<u>£65</u>
	<u>£648</u>	<u>£(235)</u>

**3) RESOURCES EXPENDED – RESTRICTED FUNDS**

i) Conference costs		
- Venue, Awareness, Media, Speakers, and Sundry expenses	-	£21,104
ii) Awareness of body dysmorphic disorder		
- Google cost of awareness of website and information therein	<u>£40,256</u>	<u>£48,556</u>
<b>TOTAL RESTRICTED FUNDS EXPANDED</b>	<u>£40,256</u>	<u>£69,660</u>

**4) TRUSTEE REMUNERATION AND BENEFITS**

A trustee was paid fees for expertise in disseminating awareness of body dysmorphic disorder during the year of £4,700 (2015: £3,980). Another Trustee paid fees of £660 to moderate BDD group meetings. There were no other benefits for the year ended 30 September 2016.

**TRUSTEE EXPENSES**

Trustees were reimbursed expenses totalling £165 (2015: £1,276) for the year ended 30 September 2016.

**5) DEBTORS AND CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<u>2016</u>	<u>2015</u>
Other creditors	<u>£3,398</u>	<u>£4,291</u>
Prepaid Expenses relates to deposit on venue and other costs relating to the November 2016 Conference.	<u>£2,697</u>	-
Debtor for ticket sales		<u>£115</u>

**THE BODY DYSMORPHIC DISORDER FOUNDATION**  
**NOTES TO THE FINANCIAL STATEMENTS – CONTINUED**  
**FOR THE YEAR TO 30 SEPTEMBER 2016**

**6) MOVEMENT IN FUNDS**

	Fund Balance G/F	Incoming resources	Outgoing resources	Net movement in funds	Fund balances carried forward	
					2016	2015
<b>Unrestricted funds</b>						
General fund	£20,941	£16,202	£6,529	£9,673	£30,614	£20,941
<b>Restricted funds</b>						
Awareness	-	£40,256	£40,256	-	-	-
<b>TOTAL FUNDS</b>	<u>£20,941</u>	<u>£56,458</u>	<u>£46,785</u>	<u>£9,673</u>	<u>£30,614</u>	<u>£20,941</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
<b>Unrestricted funds</b>			
- General fund	£16,202	£6,529	£9,673
<b>Restricted funds</b>			
- Awareness of body dysmorphic disorder	£40,256	£40,256	-
<b>TOTAL FUNDS</b>	<u>£56,458</u>	<u>£46,785</u>	<u>£9,673</u>